

## YOU Can Help Stock the MSS Food Pantry!

The following list of items are always needed in the food pantry. On your next shopping trip, take this list, gather some of these items, and drop them off at our agency at The Gravley Center on the SE corner of Belt Line and Broadway. Questions? Please contact Cathy Quaid, Director of Special Events and Volunteers at (972) 446-2100 ext. 19.

### Canned Items

- Fruit
- Meat
- Carrots/Spinach/  
Mixed vegetables/  
Potatoes
- Tomato products
- Pasta & meat  
combinations
- Oil (12oz./16 oz. plastic container)
- Juices
- Jelly (plastic container)

### Baby Items

- Baby food
- Diapers (size 4-Pullups)
- Baby wipes

### Dry Items

- Cereal
- Flavored rice and pastas
- Baking mixes
- Sugar/Salt and Pepper
- Hamburger Helper
- Tuna Helper
- Oatmeal

### Miscellaneous Items

- Toilet paper
- Powder laundry detergent
- Cleaning supplies
- Toiletries (Toothpaste/  
Toothbrushes, Deodorant, Shampoo,  
Razors, Feminine Hygiene)
- Hand-held can openers

**METROCREST**  
**SOCIAL SERVICES**

*The Key to Preventing Homelessness*

The Gravley Center  
1111 W. Belt Line Rd., #100  
Carrollton, TX 75006  
(972) 446-2100  
[www.metrocrestsocialservices.org](http://www.metrocrestsocialservices.org)

The **MISSION** of Metrocrest Social Services is to provide short-term, emergency services to improve life situations of residents in Carrollton, Farmers Branch, Addison, Coppell, and ZIP Code 75287 in Denton County.



A UNITED WAY COMMUNITY PARTNER

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